

# NEW COMMUNITY CLARION



 SERVING THE PEOPLE OF THE NEW COMMUNITY NETWORK SINCE 1968 

## NEW COMMUNITY'S 27TH GOLFING FOR A CAUSE BENEFITS YOUTH



New Community CEO Simone Gagneron, right, and CFO Elizabeth Mbakaya, second from left, pose with Board Chairman Emeritus Dr. A. Zachary Yamba, to the left of Gagneron, and his group of golfers at New Community's Golfing for a Cause on Sept. 23. Photo by Jay Perry for Jefe Media.

New Community hosted its 27th Golfing for a Cause fundraiser on Sept. 23 to benefit its Youth Services Department and the Monsignor Linder Scholarship Fund. Supporters gathered at [Cedar Hill Golf and Country Club](#) in Livingston for 18 holes of golf and networking, along with an evening reception that included cocktail hour, dinner and raffle prizes.

New Community Interim Board Chairman Edgar Nemorin thanked all the participants, sponsors and donors for coming to and supporting the event. He talked about how New Community's founder, the late Monsignor William J. Linder, regarded stewardship in high regard.

"Stewardship is sacrificing your time, talent and treasure for a common good. Thank you to all of you today for being good stewards to New Community Corporation," Nemorin said. "We are truly blessed and honored for the support that we continue to receive."

New Community CEO Simone Gagneron said the presence of supporters, community leaders and friends made the event special and the organization's work possible.

"NCC was founded on the belief that communities are stronger when we lift each other up. From affordable housing projects that give families a stable foundation to our education programs that equip individuals with the skills they need to thrive, we are making a difference every day," she said. "Your support allows us to continue making an impact in our community."

During the program portion of the evening, New Community presented Dr. A. Zachary Yamba with a special recognition. Yamba retired from the NCC Board of Directors in December after serving for 11 years, five of which he served as chairman. He received a proclamation from the city of Newark and one from the Essex County Sheriff's Office, highlighting his years of service to New Community and the community at large. He was also gifted a round of golf with three guests.

CONTINUED ON PAGE 4

## THE CEO'S CORNER | BY SIMONE GAGNERON



Happy Fall everyone,  
New Community has a lot to share this season.

We hosted our fundraiser Golfing for a Cause in September to benefit our Youth Services Department and the Monsignor Linder Scholarship Fund. We thank everyone who supported the event. It is our partners that allow us to fulfill our mission and offer a vast array of services. We especially thank our Platinum

Sponsors [HUB International](#), [Philadelphia Insurance](#) and [Withum](#) who each committed their support at that level for the second year in a row.

NCC hosted volunteers from [McKinsey & Company](#) in October who worked to beautify Meditation Park and Harmony House. We know our residents will enjoy the more inviting spaces and thank all who participated. We hope to welcome back McKinsey team members in the future. See photos of the day on page 3.

Fall also brings Election Day. As the presidential election approaches, we encourage everyone to cast their ballots to have a say in the direction of our nation. Election Day is Nov. 5 with early voting available Oct. 26 to Nov. 3.

We have events coming up where we hope to see you! Live music returns to Monsignor Linder Plaza on Nov. 1 with the [New Community Arts BLUES People Show](#). On Dec. 6, New Community Arts will celebrate the return of live R&B music at Monsignor Linder Plaza with a [performance by The Ray Shaker Band](#). Our Youth Services Department will host Breakfast with the Grinch on Dec. 14.

[New Community Career & Technical Institute \(NCCTI\)](#) is preparing for new sessions of its Automotive Technician, Building Trades Specialist and Culinary Arts Specialist classes in January. Its two medical programs will begin new sessions in March. We hope with the new year, many will be interested in starting new careers! Visit [newcommunitytech.edu](#) for more information about how to enroll.

New Community Harmony House assists homeless families with transitional housing and has space available for those with a required referral. More information about Harmony House and referral sources can be found by [clicking here](#).

The upcoming holiday season can be stressful and some may need to speak with a professional about their mental health. Family Service Bureau of Newark (FSB) is equipped to help as a licensed outpatient mental health and substance abuse treatment center. FSB has an office in Newark and one in Kearny to provide services to individuals. Learn more about FSB by [clicking here](#).

We look forward to seeing you at our events and providing you with services as 2024 comes to a close!

Be safe and be well.

Simone Gagneron, CEO



## AROUND THE NETWORK

### NEW COMMUNITY RESIDENTS ENJOY LUNCH AT MEDITATION PARK

Residents of Associates, Commons Senior, Manor Senior, Orange Senior and Roseville Senior gathered at Meditation Park for lunch on Aug. 27. The Resident Services Coordinators of the buildings organized the event and offered transportation for those who needed it. The residents enjoyed a meal together, as well as games of cards and dominoes. Meditation Park, also known as Seven Generations Park, is located next to Commons Senior, 140 South Orange Ave., Newark.



### THE NEW COMMUNITY CLARION

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of New Community Corporation.

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#### OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

#### NEW COMMUNITY IS RECOGNIZED AS:

- One of the largest and most comprehensive community development organization in the United States.
- A large-scale deliverer of comprehensive programs and services.
- A leader in affordable housing and economic development.
- A model among nonprofit, social entrepreneurship and CDC communities.
- Having beneficial partnerships on the local, national and global level.

## Want to Support New Community?

You can make a difference in the lives of inner city residents by making an online donation. Visit [newcommunity.org](http://newcommunity.org) and click “[Donate](#)” to give today! We appreciate all support.

### NCC JOB FAIR WITH NEWARK ONE-STOP CAREER CENTER

The Human Resources Department of New Community held a job fair on Sept. 12 at Monsignor William J. Linder Plaza, 233 West Market St., Newark. Newark One-Stop Career Center brought job seekers to the event who were able to participate in on-the-spot interviews for open positions within the organization.



### NCCTI STUDENTS PASS NATIONAL EXAM

In October, [New Community Career & Technical Institute \(NCCTI\)](#), 274 South Orange Ave., Newark, celebrated students who passed the [National Healthcare Association](#) exam. Congratulations to Patient Care Technician students Shaliyah Harris and De'Morra Manning and Medical Assistant Clinical student Armani Edwards. *Photos courtesy of Chanda Webb.*



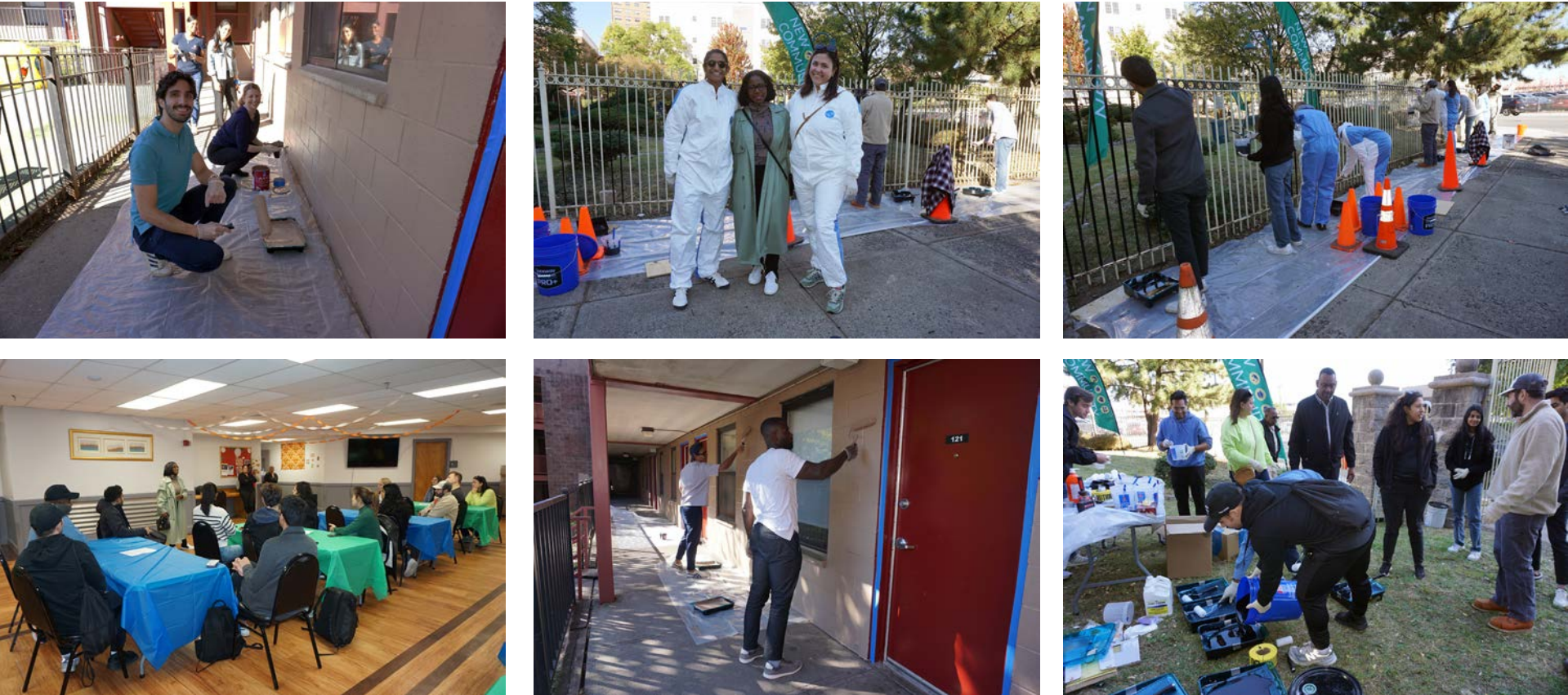
### HHELC RECOGNIZES BREAST CANCER AWARENESS MONTH

Harmony House Early Learning Center (HHELC), 278 South Orange Ave., Newark, recognized Breast Cancer Awareness Month on Oct. 18 with a walk around the school. Students and staff members were encouraged to wear pink, the color of breast cancer awareness.



## MCKINSEY & COMPANY VOLUNTEERS HELP BEAUTIFY NCC PROPERTIES

New Community welcomed volunteers from [McKinsey & Company](#) on Oct. 18 who worked on projects at Meditation Park and [Harmony House](#), New Community's transitional housing facility for homeless families. Volunteers beautified the park and painted the exterior of Harmony House making both spaces more inviting for our residents. New Community appreciates the volunteers' efforts and looks forward to inviting them back for future projects. [Click here to view more photos.](#)



## HARMONY HOUSE CHILDREN GET READY TO HEAD BACK TO SCHOOL

Volunteer Sally Milad once again arranged for a back-to-school event at Harmony House, New Community's transitional housing facility for homeless families, which was held on Aug. 26. This is the eighth year Milad has thrown the event with the help of donations and volunteers. Children received backpacks, school supplies, pizza and snacks at the event. They were able to get haircuts and hairstyles as well. We thank Milad and the other volunteers for their hard work. It was a great way to kick off the new school year. [Click here for more photos.](#)



## NCC LEADERSHIP ATTENDS MONARCH HOUSING ASSOCIATES CONFERENCE



New Community Leadership at the 2024 Monarch Housing Associates Conference on Oct. 9. Pictured from left to right: Interim Director of Property Management Maria Perez, SAIF Program Director Jackie Andrews, Harmony House Director Carrie Radice and CEO Simone Gagneron.

Members of New Community's leadership team attended the 2024 [Monarch Housing Associates](#) Conference on Oct. 9 in Somerset. It was the organization's third annual conference titled Housing as a Human Right: From Innovation to Impact. New Community congratulates Monarch Housing Associates on a successful conference and thanks them for the opportunity to attend.

## NCCTI WELCOMES PROSPECTIVE STUDENTS DURING OPEN HOUSE



NCCTI Admissions Representative Aziza Johnson speaks with prospective students during the school's Open House on Oct. 16.

New [Community Carer & Technical Institute \(NCCTI\)](#), 274 South Orange Ave., Newark, hosted an Open House on Oct. 16 at the school's main campus. Prospective students learned about the accredited post-secondary school and its programs of study: Automotive Technician, Building Trades Specialist, Culinary Arts Specialist, Medical Assistant Clinical and Patient Care Technician. The school hosts one Open House per month. For more information, call 973-824-6484, email [nccti@newcommunity.org](mailto:nccti@newcommunity.org) or visit [newcommunitytech.edu](http://newcommunitytech.edu).



# NEW COMMUNITY’S 27TH GOLFING FOR A CAUSE BENEFITS YOUTH

FROM PAGE 1

“Dr. Yamba’s accomplishments and impact to the community, nonprofits and educational landscape have been extraordinary,” Nemorin said. “He has been a leader, advocate, mentor and a friend to this organization for many, many, many years.”

Yamba said he was honored to accept the recognition and said that he continues to believe in the vision Monsignor Linder had for New Community.

“That vision has endured since the riots in 1967 in Newark,” Yamba said. “Those needs continue today, perhaps even more so than back in 1967.”

Retired New Community CEO Richard Rohrman served as the evening’s emcee. Although he’s been retired for three years, he continues to remain connected with the organization.

“I’ve seen all of the good work that New Community has done and continues to do under Simone’s leadership,” he said. “I’m just really thrilled to be up here and have the opportunity to do this and stay connected to New Community.”

Gagneron highlighted a number of initiatives at New Community, including plans for The Morris, a 120-unit building for families in Newark’s Central Ward that will be fully Section 8 affordable housing, as well as eight affordable two-family homes, which NCC expects to break ground on in November. She also talked about plans for [New Community Career & Technical Institute \(NCCTI\)](#) to offer green certifications to students starting in 2025.

Bill Passarotti, Senior Vice President of [HUB International](#), spoke on behalf of the company which was one of the Platinum Sponsors of the event.

“At HUB we’re proud to stand alongside NCC and all the work that they do enriching the lives of the people of Newark, N.J.,” Passarotti said. “HUB International is not just a sponsor today but we are a partner dedicated to your success. Our commitment is to be a resource for NCC providing solutions that you can continue to make a difference in the community.”

Proceeds from Golfing for a Cause benefit New Community’s Youth Services Department and the Monsignor Linder Scholarship Fund. Desiree Crespo, a recipient of the Monsignor Linder Scholarship for her daughter, Mia, addressed the group at the event to share what the scholarship meant for her family. Crespo had to work multiple jobs to be able to afford tuition at her daughter’s Christian school. The pair would complete Uber Eats orders after work and school to help offset the cost.

“Just to know that I was able to not pay tuition for an entire year because of the scholarship that New Community gave to me was great,” Crespo said. “My daughter and I were able to enjoy time outside of our car and in our home. I just want to say thank you to New Community.”

During the evening reception, prizes

## Thank You to Our Sponsors

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New Community CEO Simone Gagneron, left, and CFO Elizabeth Mbakaya stand with a foursome from Withum, one of the Platinum Sponsors of Golfing for a Cause.



Participants in New Community’s 27th Golfing for a Cause head to the course to complete 18 holes of golf.

were given out to golfers. The first place team was comprised of Michael Birch, Sal Caldarone, Douglas Eisenberg and Jeremy Garlock. Sebastian Troncoso won the men’s longest drive contest, Sarah Higgins won the women’s longest drive contest and Shane Brooks won closest to the pin. A variety of attendees also won raffle prizes.

New Community congratulates all of the winners and thanks all sponsors, participants and donors for making the 27th Golfing for a Cause successful. NCC asks everyone to save the date for the 28th Golfing for a Cause, which will be held on Sept. 29, 2025.

**Photos by Jay Perry for [Jefe Media](#). [Click here to view more photos](#).**



New Community Board Chairman Emeritus Dr. A. Zachary Yamba, right, receives a special recognition following his retirement in December. New Community CEO Simone Gagneron, second from right, Interim Board Chairman Edgar Nemorin, second from left and retired CEO Richard Rohrman, left, present Yamba with proclamations and a gift.



New Community CEO Simone Gagneron talks about the organization and its work during the evening reception of Golfing for a Cause.



New Community Interim Board Chairman Edgar Nemorin and CEO Simone Gagneron welcome golfers before they head out to the course for Golfing for a Cause.



# FAMILY SERVICE BUREAU OF NEWARK: MENTAL HEALTH AWARENESS IN SEPTEMBER AND OCTOBER

Why did the ghost go to therapy? Because it had too many “boo”-ttled up emotions!

As we approach the spookiest time of the year, many people are preparing for Halloween costumes, pumpkin spice everything and fall festivities. But amidst the excitement of the season, it’s important to pause and recognize that September and October are also critical months for mental health awareness. From back-to-school stressors to seasonal changes, these months can be a challenging time for many individuals.

## Mental Health Awareness in September and October

September is National Suicide Prevention Month in the United States, a time dedicated to raising awareness, providing resources and reducing the stigma surrounding suicide. It’s a reminder to check in on our loved ones and ourselves, to be open about the struggles people often face in silence. Many organizations use September to promote the importance of mental health by highlighting the need for accessible care, offering education on warning signs and encouraging everyone to start conversations that could save lives.

October, often overshadowed by Halloween, is Mental Illness Awareness Month. This month emphasizes reducing the stigma associated with mental illness, advocating for equal access to mental health resources and promoting understanding around conditions like anxiety, depression, bipolar disorder and schizophrenia. While spooky themes may dominate October, the fear and stigma surrounding mental health issues are what truly need to be “exorcised” from society.

## Why Mental Health Conversations Are Crucial During These Months

1. Seasonal Changes and Their Impact

As the leaves start to fall, so can people’s moods. The transition from summer to fall brings shorter days and less sunlight, which can trigger Seasonal Affective Disorder (SAD) in some individuals. This form of depression tends to rear its head in the autumn and winter months, making it a perfect time to focus on mental health. Increased awareness in September and October helps remind individuals to seek support if they start feeling down as the seasons change.

2. Back-to-School Stress  
For many, September marks the beginning of a new school year, which brings a host of challenges, especially for students, teachers and parents. From academic pressure to social anxiety, this time of year can heighten stress levels. Mental health awareness during this period encourages open discussions about the mental load that comes with education, as well as the need for self-care and emotional well-being.
3. Holiday Anxiety  
As we approach the end of October, we also head into a busy holiday season, which often brings financial pressures, family obligations and an overall sense of overwhelm. Addressing mental health in the fall helps individuals prepare emotionally and mentally for the upcoming holiday season, allowing them to manage stress better and avoid burnout.
4. Breaking the Stigma  
Halloween may be a time to embrace fears, but the fear and shame surrounding mental health issues should never be one of them. By emphasizing mental health in September and October, we can dismantle harmful stereotypes and encourage people to seek help without judgment. It’s a season to celebrate bravery — both in facing fictional monsters and in dealing with real-life struggles like anxiety, depression and trauma.

## How to Prioritize Mental Health During Fall

- Check In with Yourself: As the days grow shorter, it’s important to regularly assess your own mental health. Are you feeling more anxious or down than usual? Are stress levels creeping up? Identifying early signs of mental health changes can help you seek support before things worsen.
- Connect with Others: Fall is a time for gatherings and celebrations, but it’s also important to reach out to those who might be struggling. A simple “How are you?” can go a long way in opening up a meaningful conversation about mental well-being.
- Practice Self-Care: Whether it’s cozying up with a good book, going for a walk to enjoy the fall foliage or setting aside time to meditate, prioritize activities that nourish your mental health. With the added pressures that come with this time of year, self-care isn’t selfish — it’s essential.
- Seek Professional Help: If you or someone you know is struggling with mental health challenges, don’t hesitate to seek professional help. Therapy, counseling or support groups can provide valuable resources for managing difficult emotions. Remember, reaching out for help is a sign of strength, not weakness.


## Final Thoughts

As we decorate our homes with ghosts and goblins this Halloween, let’s not forget to address the “monsters” that truly matter — anxiety, depression and other mental health issues that many face. September and October provide the perfect backdrop to raise awareness, break stigmas and encourage meaningful conversations about mental well-being. So, as you carve pumpkins and enjoy the autumn air, remember to carve out time for yourself and those around you who may need a little extra care during this season.

### EXTENDED CARE REPS ATTEND UVSO RESOURCE FAIR



New Community Extended Care Facility Administrator Veronica Onwunaka and Admissions Director Julianne Van-Nooten attended the Unified Vailsburg Services Organization (UVSO) West Ward Community Resource Fair and Hiring Event on Sept. 12. It was a beautiful day to spend time out in the community to share information about New Community, its services and its job opportunities. New Community thanks UVSO for the invitation to participate in the event. Photo courtesy of Julianne Van-Nooten.



Health Group  
Moving Healthcare Forward

Wellness Tip  
October 2024

## Breast Cancer Awareness


### What Are the Symptoms?

There are different symptoms of breast cancer, and some people have no symptoms at all. Symptoms can include:

- Any change in the size or the shape of the breast
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

Consult your healthcare provider about screenings and how often you should get them done or if you notice any worrying symptoms. You can identify breast cancer early, when it is easier to treat, with the use of yearly screenings.

For more information about VNA Health Group's services & programs, please call 800.862.3330 or visit [vnahg.org](http://vnahg.org)





## EMPLOYEE SPOTLIGHT: SHARHONDA JENNINGS



Sharhonda Jennings serves as a Family Worker for New Community's two early learning centers.

Families with children attending New Community's early learning centers know Sharhonda Jennings well. She serves as a Family Worker for both Community Hills Early Learning Center (CHELC) and Harmony House Early Learning Center (HHELC).

She started working at New Community in April of 2023, but she's no stranger to early childhood education. She served as a classroom teacher for toddlers and then preschool for about a decade in Rahway before becoming a Family Worker in that district. She served in that role for four years before coming to New Community.

As a Family Worker, Jennings serves as a link between families and the school. That includes required paperwork and keeping families informed about happenings at school, as well as engagement.

"We just try to connect the parents to the

school in a positive way by doing different types of activities," she said.

Jennings decided to make the move from classroom teacher to Family Worker to have a greater impact on helping families.

"I just wanted to be that person that goes the extra mile, that person that finds the proper information that helps our families become a little more self-reliant and gain their own independence," she said.

Jennings explained that she was a young mother and sometimes felt afraid to ask for help. She eventually went to a counselor at [Essex County College](#) who assisted her by providing information.

"Her extended hand makes me want to extend my hand to everyone else," she said. "I want to be an anchor for my parents and the community."

Jennings has an even stronger desire to help others after a battle with colon cancer. She was diagnosed in November of 2023 and underwent surgery followed by 12 rounds of chemotherapy, which she completed on Oct. 8. The treatments were challenging physically, mentally and emotionally and the entire journey was difficult for her and her children.

Jennings is grateful for the support she has received from her coworkers, her children and her medical team. She continues to follow

medical advice and hopes to remain cancer-free.

CHELC Director Daniel Charles said Jennings showed tremendous strength throughout her cancer journey and serves as an example to others facing challenges.

"She has cried, struggled and endured much, but through the tears, pain and heartache, she prayed, keeping the faith. She is now an amazing testimony that shines hope to the afflicted," he said. "She is a witness to those who face the most adverse calamities that they, too, can overcome with resilience."

Jennings, who lives in Newark, has seven children and nine grandchildren. She enjoys making memories with them each Saturday with a different activity. Even though three of her grandchildren live in Arizona, they participate via Zoom so they can all have the same experience. Jennings also loves listening to all kinds of music. She enjoys jazz, opera, country, gospel and her favorite, R&B.

Jennings thanks New Community for giving her the opportunity to help families and is inspired by the diverse community she works with. Her goal is to bring light to others to help them shine.

"I want to change every frown into a smile," she said. "I just want to be a joy to people."

## SENIOR SPOTLIGHT: RUPERT CLEMENT

Rupert Clement is a familiar face at Manor Senior. He first moved into the building in 2008 when he joined the New Community Environmental Services team as superintendent of Manor Senior. When he decided to retire, he applied for an apartment in the building and moved from the superintendent's apartment to another unit in the building in 2016.

Clement liked the atmosphere at Manor Senior, particularly after the renovation project was completed, and was happy he was able to stay in the building.

"It's beautiful," he said. "It's a nice, quiet area."

Clement is involved in the building and participates in activities, according to Manor Senior Resident Services Coordinator Guadalupe Cepeda.

"Rupert Clement is one of our most beloved tenants. He was a super in our building and is the floor captain of the seventh floor," Cepeda

said. "Clement is always willing to help, knows everyone in the building and is very friendly."

Clement is from Guyana, South America. He came to the United States in 1997 and settled in East Orange with his wife and son. Because the immigration process took 10 years, his daughter was no longer eligible to come with her parents and had to immigrate to the U.S. later with her daughter.

Before retirement, Clement had a variety of jobs in both Guyana and the United States, including making cigarettes for a tobacco company, driving a colonel in the paramilitary for Guyana, second engineer on a cargo ship, mining for coal and diamonds, driving taxis and minibuses, security, FedEx, the Post Office and construction work, which led to his job at New Community.

The development of a pinched nerve and back pain caused Clement to retire. Now at age 73, he spends much of his time following politics

and enjoying time with family. He lives at Manor Senior with his wife. They have two children and five grandchildren.

Clement travels back to Guyana occasionally to see family and tend to business he still has there. He attended a family reunion this year in his home country.

He's enjoying his retirement at Manor Senior and hopes to continue to contribute to the building and its activities.



Rupert Clement has spent 16 years at Manor Senior. He served as the building superintendent for eight of those years before he retired.

## SOCIAL SECURITY NEWS: NATIONAL SAVINGS DAY REMINDS US TO PLAN FOR THE FUTURE

BY SOCIAL SECURITY ADMINISTRATION

Oct. 12 is National Savings Day. It serves as an important reminder to plan for your financial future. Social Security is a vital part of any financial plan. We have online tools to help you understand your potential benefits and how they fit into your financial future.

Regardless of your age, you should periodically review your Social Security Statement (Statement) using your personal

my Social Security account at [www.ssa.gov/myaccount](#). Your Statement is an easy-to-read summary of the estimated benefits you and your family could receive, including retirement, disability and survivors benefits. You should also review your Statement annually to confirm your earnings history.

The retirement calculator in your personal my Social Security account allows you to check various benefit estimate scenarios

based on the age you plan to retire. You can compare the effect different earnings and retirement start dates could have on your future benefit amount.

Please let friends and family members know how they can prepare for their financial future by signing in to their secure my Social Security account. If they don't have an account, they can create one at [www.ssa.gov/myaccount](#).



EXTENDED CARE CONNECTS PATIENT TO RESOURCES DURING SHORT STAY

Newark resident Vivian Ray was having difficulty walking and pain in her hands. After a brief stay at the hospital, she needed physical therapy in an in-patient facility. She chose to come to [New Community Extended Care Facility](#) for services. A little over a month later, she was able to return home after making great progress.

Ray said she couldn't walk and needed help strengthening her legs and hands. Her condition caused her to stay at [University Hospital](#) for a short time. The hospital recommended that she receive physical therapy at Extended Care to help in her recovery. She agreed and came to the facility on Sept. 9.

Ray called the physical therapy she received at Extended Care "fabulous."

"I've come a long way," she said. "They helped me a lot with my walking and my hands are much better because I've been doing exercises for them."

Her improvement allowed her to return home on Oct. 12. While she still needs a walker, she's hopeful that it won't be for long.

Extended Care Licensed Practical Nurse Maria Cruz said that in addition to providing Ray

with physical therapy and pain management, staff members were able to educate her and her daughter about resources available to them that they were unaware of. The staff explained how to get medical transportation so they wouldn't need to use a cab service to get to and from doctor appointments and also gave them information about resources to help pay utility bills.

"It was a quick stay but she appreciated every bit of it," Cruz said. "When we did the discharge meeting, they said they were more than grateful for everything we did for them."

Ray lives in Newark with her daughter and their two cats: Tiny and Midnight. She was happy to return home to them after her stay at Extended Care and hopes that with her continued exercises she will be able to remain there.

The 80-year-old is optimistic about her prognosis.

"I know I've got a ways to go but I think I'm capable. I think I can do it," she said. "It's just going to take some time."

She's grateful for the services she received at Extended Care, saying the people were nice and the nurses worked hard. She has no



Vivian Ray came to New Community Extended Care Facility for physical therapy and pain management. She was able to return home after about a month of treatment.

complaints and recommends the facility to anyone in need of services.

Ray is going to use what she learned at Extended Care to continue her recovery.

"At home, I'm going to keep practicing my stretching and my walking," she said.

New Community Extended Care Facility is a skilled nursing facility located at 266 South Orange Ave., Newark. It offers long-term care, short-term care, subacute care and Alzheimer's and dementia care. For more information, visit [newarknursinghome.org](#) or call 973-624-2020.

COMMUNITY HILLS EARLY LEARNING CENTER HOSTS BREAST CANCER WALK

[Community Hills Early Learning Center \(CHELC\)](#), 85 Irvine Turner Boulevard, Newark, hosted a Breast Cancer Walk for students, staff members and parents on Oct. 16. Everyone was encouraged to wear pink, the color of Breast Cancer Awareness Month, for the event. Participants walked around the school with signs in support of those battling cancer, survivors and those lost to the disease. [Click here to view more photos.](#)



NCCTI RECOGNIZES STUDENTS DURING MEDICAL ASSISTANTS WEEK

[New Community Career & Technical Institute \(NCCTI\)](#) celebrated Medical Assistants Recognition Week on Oct. 22 with a pinning ceremony for students in the school's Medical Assistant Clinical (MAC) and Patient Care Technician (PCT) programs. Each student received a pin of a stethoscope that NCCTI staff members placed on their uniforms. [Click here to view more photos and information.](#)



EXTENDED CARE RECOGNIZES BREAST CANCER AWARENESS MONTH

Residents and staff members at [New Community Extended Care Facility](#), 266 South Orange Ave., Newark, recognized Breast Cancer Awareness Month on Oct. 9 with a walk outside the facility. Everyone was encouraged to wear pink, the color of breast cancer awareness. *Photos courtesy of Yonette Semple.*





## FAMILIES ENJOY DAY OF FUN AT NEW COMMUNITY BACK 2 SCHOOL JAM

New Community's [Youth Services Department](#) hosted the Back 2 School Jam on Sept. 14 for children and families. The event included a video game truck, rock climbing wall, school supplies giveaway, arts and crafts, face painting, food and music. The school supplies were donated by [Swing Phi Swing Social Fellowship Inc.](#) Photos courtesy of Youth Services. [Click here to view more photos.](#)



## NEW COMMUNITY RESIDENTS GET USEFUL HEALTH INFORMATION

Residents of Gardens Senior, 265 Morris Ave., Newark, enjoyed an afternoon of fun along with helpful information on Oct. 3. Jerry Jackson of Wellness Market Pharmacy organized the event, which included lunch and bingo for residents. They also received information about their health insurance, a program offering reduced cost internet and free blood pressure and glucose screenings. New Community thanks Wellness Market Pharmacy, [HSH Outreach Services](#), [Promise Care](#), [Project S.H.I.F.T. Inc.](#) and [Verizon](#) for participating. [Click here to view more photos.](#)



## HARMONY HOUSE PARTICIPATES IN NESF ANNUAL WORLD HOMELESS DAY

Representatives from [Harmony House](#), New Community's transitional housing facility for homeless families, participated in the [Newark Emergency Services for Families \(NESF\)](#) Fifth Annual World Homeless Day on Oct. 11 in Lincoln Park, Newark. They handed out items and information about services. Photos courtesy of Akinade Adeyemi.



## NCCTI PATIENT CARE TECHNICIAN STUDENTS TOUR MEDICAL FACILITIES



Above Left: Students in the [New Community Career & Technical Institute \(NCCTI\)](#) Patient Care Technician (PCT) program toured [University Hospital](#) on Aug. 15. Above Right: Two PCT graduates of NCCTI met staff and toured [Saint Michael's Medical Center](#) on Sept. 16. At Right: [New Community Extended Care Facility](#) welcomed NCCTI PCT students on Oct. 4.



### EXTENDED CARE ATTENDS COMMUNITY RESOURCE DAY

[New Community Extended Care](#) Director of Admissions [Julienne Van-Nooten](#) was at the [Greater Essex Counseling Services](#) Community Resource Day event on Sept. 20 in Newark. New Community thanks Greater Essex Counseling Services for the invitation and allowing us to share information about our skilled nursing facility and the many other services we offer. Photo courtesy of [Julienne Van-Nooten](#).

### Live Music Returns to Monsignor Linder Plaza

The next New Community Arts event will be the BLUES People show on Friday, Nov. 1 from 7 to 10 p.m. Tickets are \$20 each and can be purchased online [here](#) or at the door. Call 973-242-8012 for more information.